The Forgotten Mystery That Sustains Your Faith.

The night that changed everything… and that almost no one understands today

Holy Thursday is not just a date on the liturgical calendar. It is the beating heart of the Christian faith. And yet, the modern world—fast, superficial, and focused on the immediate—has lost the ability to understand what truly happens on this sacred night.

In just a few hours, three immense mysteries intertwine:

- The institution of the **Eucharist**
- The birth of the **priesthood**
- The commandment of **love carried to the extreme**

Everything happens around a table… and ends in a garden, in solitude, sweat, and agony.

And yet today, many reduce it to a symbol, a tradition, or worse, a mere remembrance.

But it is not.

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1. The Last Supper: it was not a farewell… it was an eternal self-gift

When Jesus Christ sits with His disciples at the Last Supper, He is not improvising an emotional gesture. He is fulfilling centuries of promises.

On that night, He transforms the ancient Jewish Passover into something completely new: **He Himself becomes the Lamb**.

> ***"This is my Body, which is given for you…***
> ***This cup is the new covenant in my Blood." (Luke 22:19–20)***

Here something happens that the modern world struggles to accept:
it is not a symbol, not a metaphor, not a psychological remembrance.

It is **sacramental reality**.

Why is it so hard to understand today?

Because we live in a culture that:

- Reduces the spiritual to the subjective
- Denies the supernatural
- Believes only in what can be measured or controlled

But the Eucharist demands faith in the invisible… and that makes us uncomfortable.

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2. The scandal of a God who kneels down

In the midst of the meal, something shocking happens:
the Master rises… and begins to wash the feet of His disciples.

An unthinkable gesture in His time.

> ***"If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet." (John 13:14)***

Here lies one of the greatest clashes with the modern mindset:

- The world seeks power
- Christ teaches service
- The world wants to dominate
- Christ kneels

The problem is not that we do not understand the gesture…
it is that **we do not want to live it**.

Because it implies:

- Humbling oneself
- Forgiving
- Loving even those who do not deserve it

And that goes against contemporary pride.

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3. The birth of the priesthood: a misunderstood mystery

Holy Thursday is also the day on which Christ institutes the priesthood.

When He says:

> *"Do this in memory of me" (Luke 22:19)*

He is not giving a simple symbolic instruction. He is **transmitting a real power**: to make His sacrifice present in all times.

Why does the modern world not understand this?

Because today:

- All authority is viewed with suspicion
- The priesthood is reduced to a social function
- Its supernatural dimension is forgotten

But the priest is not an "animator" or a "community leader."

He is **another Christ (*alter Christus*)**, called to:

- Consecrate
- Forgive
- Offer the sacrifice

Without Holy Thursday, there are no priests.
And without priests… there is no Eucharist.

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4. Gethsemane: when God experiences human anguish

After the supper, everything changes.

The light fades. Intimacy disappears. Solitude begins.

In the Garden of Gethsemane, Jesus Christ experiences such profound anguish that the Gospel says:

> ***"Being in agony, He prayed more earnestly; and His sweat became like drops of blood falling to the ground." (Luke 22:44)***

Here too the modern world is unsettled.

Because it reveals something uncomfortable:

- God does not eliminate suffering… He embraces it
- He does not avoid pain… He redeems it
- He does not flee… He remains

In a culture that idolizes immediate comfort, Gethsemane is a scandal.

But it is also an answer:

your suffering is not meaningless if you unite it to Christ's.

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5. The root problem: we have lost the sense of mystery

Holy Thursday is incomprehensible to the modern world for a deep reason:

 We have lost the sense of mystery.

Today everything must be:

- Fast
- Explainable
- Useful
- Emotionally comfortable

But Holy Thursday requires:

- Silence
- Contemplation
- Reverence
- Faith

It is not something to be “consumed.”
It is something to be **adored**.

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6. Practical applications: how to live Holy Thursday today

This is where everything becomes concrete. Because this day is not only to be understood… it is to be lived.

1. Rediscover the Eucharist

- Participate in Mass with real awareness
- Spend time in Eucharistic adoration
- Avoid routine: you are before God

2. Practice humble love

- Forgive someone конкретely

- Serve without expecting recognition
- Make a hidden act of charity

3. Accompany Christ in Gethsemane

- Dedicate time to prayer that night
- Avoid unnecessary distractions
- Stay “watching” with Him

> *“Could you not watch with me one hour?” (Matthew 26:40)*

4. Pray for priests

- For their fidelity
- For their holiness
- For new vocations

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7. An urgent call for our time

The modern world does not understand Holy Thursday…
but you are not called to follow the world.

You are called to enter into the mystery.

To kneel where others walk past.
To believe where others doubt.
To love where others calculate.

Because on that seemingly silent night, everything is decided:

- Your salvation
- Your relationship with God
- The meaning of your life

Conclusion: the night that still awaits your response

Holy Thursday is not the past.

It is present.

Every Mass makes it current.
Every tabernacle keeps it alive.
Every soul can receive it… or ignore it.

The question is not whether the world understands it.

The question is far more direct:

And you?