Introduction: A Message That Changes Everything

At dawn on the first day of the week, a group of women approached Jesus’ tomb with spices to anoint His body. Instead of finding death, they encountered an angel who asked them a question that still echoes today:

> *“Why do you look for the living among the dead?” (Luke 24:5).*

This was not merely an announcement but a **radical call to shift our perspective**. In a world that often lives as if Christ were still in the tomb, the Resurrection challenges us to believe, hope, and act in accordance with the **New Life** He has given us.

This article will explore:

1. **The historical and theological context of the Resurrection.**
2. **Its profound significance for the Catholic faith.**
3. **How to live as “resurrected people” in a world that denies hope.**
4. **A practical guide to applying this truth in daily life.**

I. The Event That Divided History

A. The Empty Tomb: Historical Fact, Revealed Faith

The Resurrection is not a myth or legend. The Gospels record concrete details:

- **Women were the first witnesses** (Lk 24:1-10)—an unlikely detail in the 1st century (women’s testimony was not accepted in Jewish courts), confirming its authenticity.
- **The disciples initially doubted** (Lk 24:11), showing they were not gullible but transformed by the evidence.
- St. Paul declares that without the Resurrection, **“our faith is in vain”** (1 Cor 15:14).

B. The Theology of the Resurrection: More Than a “Return”

- It was **not a mere resuscitation** (like Lazarus, who would die again) but the passage into **glorious, eternal life**.

- **Christ is the “firstborn from the dead”** (Col 1:18): His Resurrection is the **firstfruits** of ours.
- **It sealed His victory over sin and Satan**: the Cross was the battle; the Resurrection, the proclaimed triumph.

II. Why Does the Modern World Ignore This Truth?

Today, many live as if Christ had not risen:

- **Culture of death**: Abortion, euthanasia, despair—as if eternal life did not exist.
- **Practical materialism**: Acting as if only the visible world matters.
- **Empty spiritualities**: Seeking “transcendence” without Christ, like the women bringing spices to the tomb.

The Resurrection is the antidote: it reminds us that **evil does not have the final word**.

III. Practical Guide: How to Live as the Resurrected

1. Stop Searching Among the Dead (Lk 24:5)

- **In what “tombs” do you seek life?**
  - **Empty pleasures** (addictions, consumerism).
  - **Ideologies that deny God** (materialism, relativism).
  - **Unforgiveness and unconfessed sins** (Christ has already conquered these!).

Concrete action:

- Examine: *“Am I seeking happiness where it cannot be found?”*
- Pray with **Romans 6:4**: *“Just as Christ was raised, let us walk in newness of life.”*

2. Be a Witness of Hope (1 Pet 3:15)

The world needs **Christians who radiate Easter joy**, not funeral faces.

- **Speak of Christ naturally** (in family, work, social media).
- **Help others “see” the Risen Lord**, like the disciples on the road to Emmaus (Lk

24:13-35).

Practical example:

- Share a testimony of how God has given you **hope in a trial**.

3. Live the Liturgy: The Resurrection Made Present

- **The Mass is not a mere memory but an encounter with the Living Christ**.
- **Confession is “rising” from sin** (cf. Jn 20:23).

Challenge:

- **Attend Sunday Mass with faith**: not as an “obligation” but a **meeting with the Risen Lord**.

4. Transform the World Through Concrete Action

- **Social justice**: The Resurrection compels us to fight hunger, loneliness, and injustice.
- **Defense of life**: If Christ conquered death, **we cannot remain silent about abortion or euthanasia!**

Conclusion: Do You Live as if Christ Has Risen?

The angel’s question still resounds: *“Why do you look for the living among the dead?”* **Today, Christ asks you**:

> *“I am the Resurrection and the Life. Whoever believes in Me, though he die, yet shall he live.” (Jn 11:25).*

Do not reduce Christianity to mere moralism or empty ritual. The Resurrection is **power for today**:

- **Forgive** as the Risen Lord forgave Peter.
- **Love** without fear, for death has no dominion.
- **Proclaim** boldly: *Christ is alive!*

Closing prayer:
“Lord Jesus, You remind me today not to seek life where it is not found. Grant me the grace to live as a witness of Your Resurrection. May my family, work, and struggles be illuminated by the certainty of Your victory. Amen.”

What practical step will you take this week to live as “resurrected”?
(Share in the comments or reflect in silence!).

Happy Easter! †

Bonus: Spiritual recommendations:

- **Read 1 Corinthians 15** (St. Paul’s great explanation of the Resurrection).
- **Pray the Regina Cæli** instead of the Angelus during Eastertide.