



## Introduction: the day heaven seemed to fall silent

There are moments in life when you pray... and receive no answer. Moments when pain tightens, questions pile up, and heaven seems closed.

That silence is disconcerting. Even scandalous.

But there is one day in history when that silence not only happened... but became the center of God's plan: **Good Friday**.

On that day, God did not speak from heaven.  
He did not stop injustice.  
He did not prevent the suffering of His own Son.

And precisely there—in that silence—the greatest love ever revealed was manifested.

This is the mystery many do not understand: **God's silence is not absence... it is a different form of presence.**

---

## 1. The silence that shouts: Good Friday in its context

Good Friday is not simply a sad remembrance. It is the heart of Christianity.

On this day, the Church contemplates the Passion and death of Christ, where the redemption of the world is accomplished. Everything converges here: the history of Israel, the prophecies, the Incarnation... all leads to the Cross.

And yet, what is most unsettling is not the death itself... but the way it happens.

- Jesus is unjustly condemned
- He is abandoned by many
- He is publicly humiliated
- And God... remains silent

There is no visible divine intervention. No descending angels. No voice stopping the drama.

Only silence.



A silence that is not empty, but profoundly theological: **a silence filled with redemptive meaning.**

---

## 2. “My God, my God, why have you forsaken me?”: the key to the mystery

On the Cross, Christ pronounces one of the most striking phrases in all of Scripture:

| *“My God, my God, why have you forsaken me?” (Psalm 22:1)*

This cry is not meaningless despair. It is prayer. It is living theology.

Jesus is praying **Psalm 22**, a psalm that begins in anguish... but ends in God’s victory.

What does this mean?

### a) Christ assumes human silence

Jesus enters into the most universal human experience:  
**feeling that God is far away.**

He does not pretend. He does not act. He truly lives it.

This has immense depth:  
God does not remain outside human suffering... **He inhabits it from within.**

### b) Silence is not real abandonment

Although Christ experiences abandonment, **there is no rupture within the Trinity.**

The Father does not cease to love the Son.  
The Son does not cease to trust the Father.

What happens is something mysterious: Jesus takes upon Himself the weight of the sin of the world, and that sin creates an experience of distance.



But take note: **it is not an ontological absence of God, but a redemptive experience of abandonment.**

---

### 3. God's language when He does not speak

One of the most common mistakes today is to think that if God does not speak... He is doing nothing.

But the theology of Good Friday teaches us exactly the opposite:

| *God acts most deeply when He seems to be silent.*

In the Gospel of John, when Pilate asks, "What is truth?", Jesus does not respond with words... because He Himself is the answer.

The silence of Christ is not weakness.  
It is revelation.

#### Silence as divine language

- In creation, God speaks
- In the Incarnation, God becomes flesh
- On the Cross... God remains silent

And why?

Because there are truths that are not explained... they are contemplated.

The Cross is not understood through arguments.  
It is understood **on one's knees.**

---



## 4. Silence as the supreme form of love

Here lies the core of the mystery:

**God is silent... because He is giving everything.**

The silence of Good Friday is not passivity.  
It is **total self-gift**.

According to theological tradition, this silence reveals how far God's love goes: to empty Himself completely, to "become nothing" for us.

There are no words because:

- Love has already said everything
- The sacrifice has already expressed everything
- The Cross has already revealed everything

God's silence is the loudest cry of His love.

---

## 5. Why does God remain silent in your life?

This is where the mystery stops being theoretical... and becomes deeply personal.

Because all of us, sooner or later, live through our own "Good Friday":

- Illness
- Loss
- Crises of faith
- Injustice
- Prayers that seem unanswered

And then the question arises:

**"Where is God?"**

The Christian answer is not a cold explanation. It is a person: the crucified Christ.



## Three keys to understanding your own “God’s silence”

### 1. Silence does not mean absence

God does not depend on what you feel. He may be profoundly present... even when you do not perceive Him.

### 2. Silence purifies your faith

It teaches you to believe not based on emotions... but on trust.

### 3. Silence unites you to Christ

When you suffer in silence, you are not alone:  
**you are participating in the mystery of the Cross.**

---

## 6. Practical applications: how to live God’s silence today

This mystery is not only to be contemplated... it is to be lived.

### a) Learn to pray in silence

Do not fill everything with words. Stay. Remain. Listen.

### b) Do not flee from suffering

The world will tell you to avoid it.  
Christ teaches you to **redeem it**.

### c) Trust even when you do not understand

Mature faith does not need constant explanations.

### d) Look at the Cross every day

There you will find the answer to all important questions.



---

## 7. The great turning point: silence is not the end

Good Friday does not end at the Cross.

Silence... prepares something.

The tomb is silent.

The world is silent.

God is silent.

But that silence is **gestation**, not emptiness.

It is the silence before the Resurrection.

---

## Conclusion: when God is silent... He speaks louder

The greatest mistake you can make is to interpret God's silence as abandonment.

Good Friday proves the opposite:

- When God is silent... He is at work
- When He seems absent... He is more present than ever
- When everything seems lost... He is saving the world

So the next time you pray and hear nothing...  
do not walk away.

Stay.

Because you may be living the deepest moment of encounter with God.

**The moment when He does not speak... because He is loving you to the very end.**