



We live in a strange age. Never before has humanity had so much access to knowledge, technology, and information... and yet never before has it been so confused about the fundamental questions of existence. Many people know how to program artificial intelligence, but do not know how to answer who they are. We can observe galaxies millions of light-years away, yet fewer and fewer people know why the universe exists or what the meaning of life is.

In this context, it is common to hear phrases such as:

- “Believing in God is irrational.”
- “Religion is an emotional refuge.”
- “Faith is fanaticism.”
- “Only people who do not think believe.”

These statements have been repeated so many times that many people accept them without analyzing them. But the reality is exactly the opposite: Christianity has never taught that faith is a blind leap into the void. The Catholic Church has always defended that human reason can arrive at the knowledge of God’s existence.

Faith does not destroy intelligence: it elevates it.

And this is extremely important to understand: if there were no rational motives for believing in God, then faith would be sentimentalism, superstition, or fanaticism. But it is not. Christian faith begins where reason discovers that behind the universe there is an eternal Intelligence, a First Cause, an absolute Being.

Reason demonstrates that God exists.  
Faith allows us to know who that God is.

They are not enemies. They are two wings with which the human soul rises toward truth.

## The Great Modern Deception: Believing That Faith and Reason Are Enemies

One of the greatest cultural triumphs of the modern world has been convincing millions of people that there are only two options:

- either think,
- or believe.



As if intelligence necessarily led to atheism and faith belonged to the ignorant.

But one only needs to look at history to discover the opposite.

Universities were born in Christian Europe.

Modern science was born in a profoundly theistic world.

Many fathers of science were believers:

- Isaac Newton
- Blaise Pascal
- Gregor Mendel
- Louis Pasteur
- Georges Lemaître

The Church never taught that one must turn off reason in order to believe. On the contrary: it has always defended that the universe has order because it proceeds from an Intelligence.

The problem is not reason. The problem is rationalism: the idea that only what can be measured, weighed, or touched exists.

But that idea destroys itself.

Because you cannot weigh:

- justice,
- love,
- truth,
- beauty,
- human dignity,
- moral conscience.

And yet they exist.

Reality is far greater than matter.

## Human Reason Can Arrive at God

The Catholic Church solemnly teaches that man can know the existence of God through natural reason.



Saint Paul explains it clearly:

*“For since the creation of the world God’s invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made.”*

*(Romans 1:20)*

Creation speaks of its Creator.

We do not see God directly with the eyes of the body, but we can arrive rationally at Him by observing:

- the order of the universe,
- the existence of natural laws,
- the contingency of things,
- moral conscience,
- the existence of goodness and truth,
- the origin of being.

Classical philosophy — especially developed by Thomas Aquinas — elaborated profound rational demonstrations of God’s existence.

This is not about “religious emotions.”  
It is about metaphysical reasoning.

## Why Does Something Exist Rather Than Nothing?

This is one of the deepest questions in all philosophy.

Let us look at the universe.

Everything we know:

- begins to exist,
- changes,
- depends on something else,



- can cease to exist.

You did not give existence to yourself.  
Neither did your parents.  
Nor your grandparents.  
Nor the stars.

Everything that exists in the world is contingent: it could have failed to exist.

But if everything were contingent, then at some point absolutely nothing would have existed.

And from nothing... nothing comes.

Nothingness does not produce universes.  
Nothingness does not produce physical laws.  
Nothingness does not produce consciousness.

Therefore, there must exist a Necessary Being:

- eternal,
- uncreated,
- source of being,
- cause of everything else.

That Being is what we call God.

## The Argument from Motion

We observe that everything in the universe changes:

- bodies move,
- stars are born and die,
- plants grow,
- people age.

Nothing moves itself in an absolute sense.

If something passes from potentiality to actuality, someone or something must cause it.

But we cannot regress infinitely in a chain of moving causes. There must exist a First



Unmoved Mover, a reality that gives rise to motion without itself needing to be moved by another.

That First Mover is God.

This does not mean a “god inside the universe,” but rather the very foundation of all existence.

## The Universe Has Order: That Requires Intelligence

One of the most astonishing things about the cosmos is its intelligibility.

The universe functions according to precise mathematical laws.

Physics, chemistry, biology... everything is rationally structured.

Why?

Why is the universe not an absurd chaos?

When we see a watch, we understand there was a watchmaker.

When we see a book, we understand there was an author.

When we see complex computer code, we know there was intelligence behind it.

So how could the universe — infinitely more complex — be the product of absolute chance?

Chance does not produce organized information.

And here it is important to understand something: saying “evolution exists” does not eliminate God. Evolution, if real, describes biological processes. But those processes:

- require laws,
- require matter,
- require order,
- require an intelligible universe.

The question remains intact:

Who created the laws?

Who gave existence to matter?

Who sustains being?



## Moral Conscience Points Toward God

All human beings, even those far removed from religion, possess a basic moral conscience.

We know that:

- torturing an innocent person is wrong,
- betrayal is evil,
- love is good,
- justice is desirable.

But if the universe were only blind matter and chance, then objective good and evil would not exist.

There would only be chemical preferences.

And yet nobody truly lives that way.

Even those who say “everything is relative” become outraged when they suffer injustice. Why? Because the human heart knows that there exists a moral law higher than man.

And every law requires a Lawgiver.

## Modern Atheism Often Does Not Arise from Reason, but from Pain

This must be said with charity and truth.

Many people do not reject God because of philosophical arguments, but because of wounds:

- suffering,
- scandals,
- bad religious experiences,
- intellectual pride,
- disappointments,
- sin,
- resentment.

The problem of evil is real and profound. But the existence of evil does not prove that God



does not exist. Rather, it demonstrates that there is an objective good of which evil is a privation.

No one would say a line is crooked if they did not first know what a straight line is.

Furthermore, Christianity does not teach a God distant from human suffering. It teaches a God who enters into the pain of the world and dies on a cross.

There lies the center of our faith.

## Faith Begins Where Reason Reaches the Threshold

Reason can demonstrate that God exists.

But by itself it cannot discover:

- that God is Trinity,
- that Christ is God made man,
- that grace exists,
- that the Eucharist is the Body of Christ,
- that we are called to eternal life.

That is where revelation enters.

Faith does not contradict reason: it surpasses it as light surpasses a candle.

Therefore, the Christian does not believe “just because.” He believes because:

1. reason discovers that God exists,
2. history points toward Christ,
3. divine revelation fully confirms what reason had already intuited.

## Without Reason, Faith Would Be Fanaticism

This is extremely important today.

The Church has never defended an irrational faith.

Believing without any rational foundation would be extremely dangerous. Because then



anyone could justify anything in the name of “faith.”

True fanaticism appears when:

- reason is rejected,
- truth is despised,
- emotions are manipulated,
- feelings are absolutized.

Authentic Catholic faith is profoundly rational.

That is why the Church developed:

- universities,
- philosophy,
- theology,
- science,
- art,
- law,
- critical thought.

Catholic Church has never taught that intelligence is the enemy of God.

In fact, the more deeply one contemplates reality, the more one discovers traces of the Creator.

## Science Has Not Killed God

Many believe that science has demonstrated the nonexistence of God. But that is false.

Science studies:

- how the universe functions,
- its processes,
- its mechanisms.

But it cannot answer:

- why something exists,
- what the meaning of being is,



- what goodness is,
- what truth is,
- why natural laws exist.

Science explains mechanisms.  
Philosophy asks about ultimate causes.

They are different planes.

A microscope will never find God, just as it will never find:

- justice,
- beauty,
- love,
- logic.

Not because they do not exist, but because they belong to another order.

## The Drama of Modern Man: Much Information and Little Wisdom

Today we live surrounded by screens, stimuli, and constant entertainment.

But the human heart still carries the same questions:

- Who am I?
- Why do I exist?
- What happens after death?
- What is the meaning of suffering?
- Does truth exist?
- Does God exist?

And here lies the drama: modern man often tries to fill the spiritual void with:

- consumerism,
- ideologies,
- pleasure,
- activism,
- technology,



- social media.

But nothing finite can fill the infinite desire of the soul.

As Augustine of Hippo wrote:

*“You have made us for Yourself, O Lord, and our hearts are restless  
until they rest in You.”*

## Christ: The Definitive Answer

Reason can lead us to the certainty that God exists.

But Christianity goes much further.

It affirms something both scandalous and sublime:

God has spoken.

God has revealed Himself.

God became man.

Jesus Christ is not an abstract philosophical idea. He is a real Person who entered history.

Christian faith does not consist merely in accepting that “something higher” exists. It consists in encountering Christ:

- in prayer,
- in the sacraments,
- in the Church,
- in the Gospel,
- in the conversion of the heart.

## Reason Opens the Door; Faith Allows Us to Enter

Reason can show that it is reasonable to believe.

Faith allows us to know God personally.

They are like two steps:



- first we discover that the universe points toward a Creator,
- then we discover that this Creator loves us.

That is why the Christian is not an irrational fanatic.

The true believer:

- thinks,
- seeks,
- reflects,
- contemplates,
- studies,
- loves truth.

And precisely because he loves truth, he ultimately finds God.

## An Urgent Call for Our Time

Today we must recover the courage to think deeply.

Many have abandoned the faith not because they rationally refuted it, but because they never learned its intellectual foundations.

We need to teach once again:

- philosophy,
- metaphysics,
- apologetics,
- theology,
- critical thinking.

Because when man stops seeking truth, he ends up believing anything.

And paradoxically, while many call believers “fanatics,” we see new modern superstitions growing:

- absolute relativism,
- extremist ideologies,
- worship of the body,



- worship of technology,
- empty spiritualities,
- nihilism.

The human being will always worship something.  
The question is whether he will worship truth... or idols.

## Conclusion: Believing Is Not Turning Off the Mind, but Bringing It to Fulfillment

God did not give us intelligence so that we might move away from Him, but so that we might find Him.

Human reason, when it honestly seeks truth, ultimately discovers that the universe cannot explain itself.

Behind creation there is an eternal Intelligence.  
Behind order there is infinite Wisdom.  
Behind the desire for eternity there is a divine calling.

Faith is not born against reason, but upon it.

That is why the Christian can say serenely:

We do not believe because we are afraid to think.  
We believe because we have thought deeply.

And after reason led us to the threshold of God, faith allowed us to enter into His mystery.