



Why Many Perceive It as Becoming Less Catholic.

In recent years, the word “*synodality*” has become one of the most repeated terms in documents, speeches, and ecclesial meetings. For some, it represents an opportunity for renewal. For others, a serious source of concern. And for many faithful who love Tradition, an inevitable question arises:

### Is the Synodal Church becoming less truly Catholic?

This is not a light question. It is a concern born from love, not fear. From a desire for fidelity, not rebellion. And above all, from a deep longing: **that the Church be the one Christ founded, not the one the world wishes for.**

Come with me on this journey that seeks to illuminate, form, and help you discern clearly.

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## □ 1. What Does It Really Mean to Be Catholic?

Being Catholic is not a sentimental label or a cultural belonging. It is a **theological, historical, and supernatural** reality.

Being Catholic means:

- Professing **one faith** that is unchanging.
- Belonging to **one Church** founded by Christ, not by committees.
- Living under **one authority**: the Pope and the bishops in communion with him.
- Defending **one Tradition** that is living, not adjustable according to surveys.
- Walking in **the truth**, not in opinion.

As St. Paul reminds us:

*“But even if we, or an angel from heaven, should preach to you a gospel contrary to the one we preached to you, let him be accursed.”*  
(Galatians 1:8)



A Church that adapts to the world loses the ability to save it.

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## □ 2. What Is Synodality? Theory vs. Practice

In its origin, synodality is not a bad thing.

“*Synod*” means *to walk together*. A beautiful concept when integrated into the hierarchical structure willed by Christ.

The problem today is that many current promoters of synodality:

- Present it as **a spiritual democracy** where doctrine can be discussed.
- Allow **sociopolitical opinions** to mix with faith.
- Promote the idea of a Church that **listens to the world** more than to Christ.
- Blur the authority of the Magisterium.
- Build a horizontal Church, not a vertical one.

The risk is clear:

**confusing participation with authority, listening with relativism, dialogue with renunciation.**

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## ⚠ 3. Why Do Many Faithful Say “The Synodal Church Is Less Catholic”?

Here are several legitimate reasons:

### 1. Because defined truths are being questioned

Topics such as:

- sexual morality,
- sacraments,
- priesthood,
- liturgy,
- the identity of the ordained ministry...



...already defined by the Magisterium, are presented as “open issues.”

But revealed truth **is not up for vote**.

## 2. Because sentiment is exalted over doctrine

A Church that prioritizes “listening” over truth ends up treating faith as a human construction.

## 3. Because spiritual authority is weakened

If the Church functions as an assembly of opinions, what purpose does the Magisterium serve?

## 4. Because identity is diluted

The Church stops announcing Christ and instead speaks about:

- sentimental ecology,
- sociology,
- psychology,
- political activism.

Good causes...

but **not its main mission**.

## 5. Because Tradition is marginalized

Everything that smells of continuity, doctrine, traditional liturgy, or moral clarity is labeled “rigid.”

But Christ was not ambiguous.

Nor is the faith.



## □ 4. A Brief Historical Look

This is not the first time the Church has faced internal tensions between:

- **fidelity**
- **adaptation**

It happened with:

- the Arians,
- the Protestants,
- the Modernists,
- the Jansenists.

And the faithful Church always prevailed.

But always at a cost:

**the confusion of the faithful.**

Today we are living through a new variation of modernism:

a fluid, emotional, subjective spirituality...

that seeks to “open to the world” but risks **losing its soul**.

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## □ 5. The Truth Does Not Change: The Theological Foundation

Jesus Christ founded **a visible and hierarchical Church**, with authority to teach, sanctify, and govern.

Jesus did not say:

“Ask what the majority thinks.”

He said:

“Heaven and earth will pass away, but my words will not pass away.”



| *(Matthew 24:35)*

The Church does not invent the truth:  
**it guards it.**

The Church does not adapt the Gospel:  
**it proclaims it.**

The Church does not consult surveys:  
**it listens to the Holy Spirit**, who does not contradict Himself.

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## □ 6. How to Remain Faithful in Times of Confusion

Here begins the pastoral and practical part:  
what **you** can do today to remain firm.

### □ 1. Return to the sources

- Daily Gospel
- Catechism
- Church Fathers
- Traditional doctrine

These sources do not change.

### □ 2. Strengthen your sacramental life

- Frequent Confession
- Mass with devotion
- Eucharistic Adoration
- Daily Rosary

A praying Church never loses its way.



### □ 3. Form your conscience, not your opinion

A Christian conscience is not built on feelings but on solid formation.

### □ 4. Discern ambiguous discourse

Not every “novelty” comes from the Holy Spirit.  
Sometimes it comes from the spirit of the world.

### □ 5. Seek faithful priests

Not perfect—faithful.

### □ 6. Keep charity, even in disagreement

Fidelity is not aggressiveness.  
Defending truth without love **distorts** truth.

### □ 7. Do not abandon the Church

When a storm hits, the solution is **not** to jump off the boat—  
but to remain where Christ is.

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## □ Theological–Pastoral Practical Guide

### To Live Catholic Truth in Times of Synodal Confusion

#### 1. Basic theological criterion:

Anything that contradicts:

- Scripture,
- Tradition,
- defined dogmas,
- the constant Magisterium...



cannot come from the Holy Spirit.

## 2. Key pastoral question:

Does this bring me closer to Christ and the life of grace...  
or does it make me comfortable with the world?

## 3. Rule for spiritual discernment:

Whatever dilutes truth is always suspicious.  
Whatever strengthens faith, purity, obedience, and holiness... is from God.

## 4. Rule for daily life:

Do small things with great fidelity:

- Bless your home
- Pray as a family
- Teach the faith without fear
- Live with coherence
- Be a silent and firm witness

## 5. Rule of hope:

The Church always passes through crises...  
but **Christ never abandons His Bride.**

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## □ Conclusion:

## Being Catholic Today Is an Act of Courage... and of Love

Perhaps the Synodal Church, as some present it, may seem less Catholic.  
But **Christ's Church remains Catholic**, holy, and apostolic.  
Unchanging in its truth, even if some wish to dilute it.



Your mission is not to criticize from the outside, but to **remain faithful inside**.

To be light when there is darkness.

To be firm when there is confusion.

To be humble when others shout.

And above all...

**To be truly Catholic, not fashionably Catholic.**

Because in the end, Christ will not ask for surveys.

He will ask for fidelity.