(And why ignoring them doesn't make you free, but emptier)

We live in a time where everything seems optional: relationships, truth, identity… even God. We've been taught that belief is a private, almost aesthetic choice—like picking a hobby. But there's something deeply unsettling: no matter how much we try to ignore God, certain questions simply don't go away.

This article is not meant to sugarcoat anything. On the contrary, it seeks to confront you—with charity, but with clarity—with seven uncomfortable truths that point directly to the need to seek God. Not from fear, but from truth. Not from imposition, but from that inner evidence we all carry within us.

---

1. Because you are going to die

This is not a dramatic statement. It's a fact.

Modern culture tries to anesthetize this reality: constant entertainment, obsession with youth, avoidance of silence. But death doesn't disappear just because you don't talk about it.

Christian tradition has always held a deep wisdom here: *memento mori*—remember that you will die—not as a threat, but as a compass.

> *"It is appointed for men to die once, and after that comes judgment" (Hebrews 9:27).*

From a theological perspective, death is not the end, but the threshold. Life is not absurd: it is a time of preparation, of decision, of responding to God's love.

Practical application:

- Ask yourself: if today were my last day, what would I change?
- Am I living for eternity, or just for the next weekend?
- Does my life have a meaning that survives my death?

Seeking God is not a secondary option: it is preparing for the most important encounter of

your existence.

---

2. Because success does not fill the void

There have never been so many opportunities… nor so much dissatisfaction.

People with money, recognition, beauty, influence… and yet with an inner emptiness that nothing seems to fill. Why?

Because the human being is not made only for the material.

Saint Augustine expressed it masterfully:

> *"You have made us for Yourself, O Lord, and our heart is restless until it rests in You."*

Success may give you comfort, but not fullness. It may distract you, but it cannot save you.

Theologically, this has a clear explanation: the human soul is spiritual and oriented toward God. No finite reality can satisfy an infinite desire.

Practical application:

- Notice if you use work, money, or recognition to avoid the void.
- Learn to distinguish between immediate satisfaction and deep fulfillment.
- Make time for silence: that is where what you truly seek is revealed.

---

3. Because your conscience is not an accident

There is something within you that tells you: "this is right" or "this is wrong"… even when no one is watching.

That is not merely cultural programming. It is something deeper.

The Church teaches that conscience is the “voice of God” in the human soul—not in a sentimental sense, but as a participation in the objective moral law.

Saint Paul explains it this way:

> *“They show that the work of the law is written on their hearts, while their conscience also bears witness” (Romans 2:15).*

If everything were relative, guilt would make no sense. But you feel it. And you also feel the desire to do good.

Practical application:

- Do not silence your conscience: form it.
- Examine your decisions: do they respond to truth or to comfort?
- Practice a daily examination of conscience.

Seeking God means listening to that inner voice… even when it is uncomfortable.

---

4. Because suffering needs meaning

Pain is inevitable. But meaninglessness is not.

Without God, suffering is absurd. It is simply something to avoid or endure. But in Christianity, suffering can have redemptive value.

Not because pain is good in itself, but because **God has taken it upon Himself on the Cross**.

In the Gospel of Matthew we read:

> *“If anyone would come after me, let him deny himself and take up his cross and follow me” (Mt 16:24).*

Christ does not eliminate suffering. He transforms it.

Practical application:

- Do not automatically run from pain: ask what you can learn from it.
- Unite your suffering with Christ's through prayer.
- Accompany the suffering of others: there you will also find God.

---

5. Because you love as if you were eternal

When you truly love, you don't want it to end.

Authentic love carries within it a claim to eternity: "forever," "I will never lose you," "this cannot end."

But reality is harsh: everything in this world passes.

So why do we love like this?

Because human love points to something greater. It is a reflection of God's eternal love.

From a theological perspective, love is not just emotion: it is participation in divine life. That is why it hurts so much when it breaks—because it was made to last.

Practical application:

- Purify the way you love: less possession, more self-gift.
- Ask yourself whether your love leads toward God or replaces Him.
- Live your relationships with an eternal perspective.

---

6. Because you are searching for something infinite

Whether you admit it or not, you are always looking for "more."

More happiness. More truth. More beauty. More fulfillment.

And when you achieve it… the feeling that something is still missing returns.

This is not a system failure. It is a clue.

The human being desires the infinite because he was created for the infinite.

> *"Ask, and it will be given to you; seek, and you will find" (Matthew 7:7).*

The problem is not that you desire too much. It is that sometimes you desire too little.

Practical application:

- Identify your "substitutes for God": pleasure, distraction, control…
- Train your spiritual desire: prayer, reading, sacraments.
- Do not settle for a superficial life.

---

7. Because avoiding the question does not eliminate it

You can distract yourself. You can laugh. You can work nonstop.

But there are moments—perhaps at night, in silence, in a crisis—when the question appears:

What if God exists?
What if my life has a greater meaning?
What if I am ignoring what matters most?

Ignoring the question does not solve it. It only postpones it.

And the more you postpone it, the more the restlessness grows.

From a pastoral perspective, this is one of today's great tragedies: it's not that people have answered "no" to God… it's that they don't even dare to ask.

Practical application:

- Dedicate real time to seriously considering the question of God.
- Read the Gospel with an open mind.
- Seek spiritual guidance if you need it.

Conclusion: the discomfort that saves

These seven reasons have something in common: they are uncomfortable.

But that discomfort is not your enemy. It is a call.

Seeking God is not escaping reality. It is facing it with radical honesty.

This is not about becoming “religious” in a superficial way, but about responding to the deepest questions of your existence.

Because in the end, it’s not only about whether you are seeking God…

but about the fact that God is already seeking you.